

ALL SAINTS' EPISCOPAL CHURCH

San Diego, California



MAUNDY THURSDAY

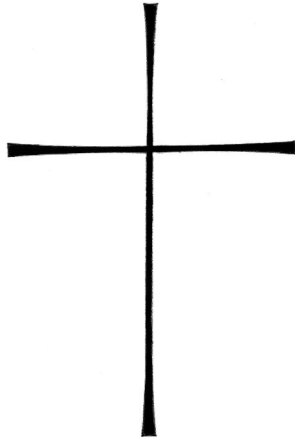
March 28, 2024

7:00 PM | Solemn Mass

Welcome to All Saints' Mass in our church or by livestream, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to our rector, Fr. Carlos, if you are here in person.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass' prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



ALL SAINTS' MISSION STATEMENT

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

OUR VISION

"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
 - Respecting each other's differences
 - Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

CELEBRANT: Father Carlos E. Expósito, Rector

MASS SETTING: Healey Willan

ORGAN PRELUDE

The Last Supper

Jaromir Weinberger

PROCESSIONAL HYMN – *Please stand*

Unde et Memores (*verse 1, 2*)

1 And now, O Fa - ther, mind - ful of the love that
2 Look Fa - ther, look on his a - noint - ed face, and
*3 And then for those, our dear - est and our best, by
*4 And so we come; O draw us to thy feet, most

bought us, once for all, on Cal - vary's tree, and hav - ing with us
on - ly look on us as found in him; look not on our mis -
this pre - vail - ing pres - ence we ap - peal; O fold them clos - er
pa - tient Sa - vior, who canst love us still! And by this food, so

him that pleads a - bove, we here pre - sent, we here spread
us - ings of thy grace, our prayer so lan - guid, and our
to thy mer - cy's breast! O do thine ut - most for their
awe - some and so sweet, de - liv - er us from ev - ery

forth to thee, that on - ly of - fering per - fect in thine
faith so dim: for lo! be - tween our sins and their re -
soul's true weal! From taint - ing mis - chief keep them pure and
touch of ill: in thine own ser - vice make us glad and

eyes, the one true, pure, im - mor - tal sac - ri - fice.
 ward, we set the pas - sion of thy Son our Lord.
 clear, and crown thy gifts with strength to per - se - vere.
 free, and grant us nev - er - more to part from thee.

Words: William Bright (1824-1901), alt.

Music: *Unde et memores* William Henry Monk (1823-1889)

THE SALUTATION

+ Bless the Lord who forgiveth all our sins;

All: **His mercy endureth for ever.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: ***Amen.***

THE PENITENTIAL RITE

Let us humbly confess our sins unto Almighty God.

Most merciful God,

All: We confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved thee with our whole heart;
We have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.

For the sake of thy Son, Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. *Amen.*

The Celebrant pronounces the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

All: **Amen.**

KYRIE (Hymnal #710)

All sing: Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

GLORIA IN EXCELSIS (Hymnal #713)

Glory be to God on high,
All sing: **And on earth peace, good will towards men.**
We praise thee, we bless thee,
 we worship thee, we glorify thee,
 we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
 that takest away the sins of the world,
 have mercy upon us.
Thou that takest away the sins of the world,
 receive our prayer.
Thou that sittest at the right hand of God the Father,
 have mercy upon us.
For thou only art Holy;
Thou only art the Lord;
Thou only, O Christ,
 with the Holy Ghost,
 Art most high + in the glory of God the Father. *Amen.*

COLLECT OF THE DAY

The Lord be with you.

All: **And with thy spirit.**

Let us pray.

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may thankfully receive the same in remembrance of him who in these holy mysteries giveth us a pledge of life eternal, the same thy Son Jesus Christ our Lord; who now liveth and reigneth with thee and the Holy Spirit ever, one God, world without end.

All: ***Amen.***

FIRST READING Exodus 12:1-14a — *Please be seated*

A Reading from the Book of Exodus.

The Lord said to Moses and Aaron in the land of Egypt, "This month shall be for you the beginning of months; it shall be the first month of the year for you. Tell all the congregation of Israel that on the tenth day of this month they shall take every man a lamb according to their fathers' houses, a lamb for a household; and if the household is too small for a lamb, then a man and his neighbor next to his house shall take according to the number of persons; according to what each can eat you shall make your count for the lamb. Your lamb shall be without blemish, a male a year old; you shall take it from the sheep or from the goats; and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs in the evening. Then they shall take some of the blood, and put it on the two doorposts and the lintel of the houses in which they eat them. They shall eat the flesh that night, roasted; with unleavened bread and bitter herbs they shall eat it. Do not eat any of it raw or boiled with water, but roasted, its head with its legs and its inner parts. And you shall let none of it remain until the morning, anything that remains until the morning you shall burn. In this manner you shall eat it: Your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste. It is the Lord's Passover. For I will pass through the land of Egypt that night, and I will smite all the first-born in the land of Egypt, both man and beast; and on all the gods of Egypt I will execute judgments: I am the Lord. The blood shall be a sign for you, upon the houses where you are; and when I see the blood, I will pass over you, and no plague shall fall upon you to destroy you, when I smite the land of Egypt. "This day shall be for you a memorial day, and you shall keep it as a feast to the Lord."

The Word of the Lord.

All: **Thanks be to God.**

PSALM 78:14-20, 23-25 — *Sung by the Choir*

He led them with a cloud by day, *
and all the night through with a glow of fire.

He split the hard rocks in the wilderness *
and gave them drink as from the great deep.

He brought streams out of the cliff, *
and the waters gushed out like rivers.

But they went on sinning against him, *
rebellious in the desert against the Most High.

They tested God in their hearts, *
demanding food for their craving.

They railed against God and said, *
"Can God set a table in the wilderness?"

True, he struck the rock, the waters gushed out, and the
gullies overflowed; *
but is he able to give bread
or to provide meat for his people?"

So he commanded the clouds above *
and opened the doors of heaven.

He rained down manna upon them to eat *
and gave them grain from heaven.

So mortals ate the bread of angels; *
he provided for them food enough.

SECOND READING 1 Corinthians 11:23-32

A Reading from the first Letter of Paul to the Corinthians.

I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. Whoever therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself. That is why many of you are weak and ill, and some have died. But if we judged ourselves truly, we should not be judged. But when we are judged by the Lord, we are chastened so that we may not be condemned along with the world.

The Word of the Lord.

All: **Thanks be to God.**

GOSPEL ACCLAMATION — *Please stand*

Praise and honour to thee, Lord Jesus Christ!

All sing: **Praise and honour to thee, Lord Jesus Christ!**

The Spirit of the Lord is upon me;

he sent me to bring Good News to the poor.

All sing: **Praise and honour to thee, Lord Jesus Christ!**

THE HOLY GOSPEL John 13:1-15

The Lord be with you.

All: **And with thy spirit.**

+ The Holy Gospel of our Lord Jesus Christ according to St. John

All: **Glory be to thee, O Lord.**

Now before the feast of the Passover, when Jesus knew that his hour had come to depart out of this world to the Father, having loved his own who were in the world, he loved them to the end. And during supper, when the devil had already put it into the heart of Judas Iscariot, Simon's son, to betray him, Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, rose from supper, laid aside his garments, and tied a towel around himself. Then he poured water into a basin, and began to wash the disciples' feet, and to wipe them with the towel that was tied around him. He came to Simon Peter; and Peter said to him, "Lord, do you wash my feet?" Jesus answered him, "What I am doing you do not know now, but afterward you will understand." Peter said to him, "You shall never wash my feet." Jesus answered him, "If I do not wash you, you have no part in me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "He who has bathed does not need to wash, except for his feet, but he is clean all over; and you are clean, but not all of you." For he knew who was to betray him; that was why he said, "You are not all clean."

When he had washed their feet, and taken his garments, and resumed his place, he said to them, "Do you know what I have done to you? You call me Teacher and Lord; and you are right, for so I am. If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you also should do as I have done to you.

The Gospel of the Lord.

All: **Praise be to thee, O Christ.**

SERMON – Please be seated

Fr. Carlos E. Expósito, Rector

THE WASHING OF FEET

The priest now initiates that act of humble service that Christ made to His disciples on this night; reminding us that we are called to follow Christ in a life of service to one another - for Christ came to serve, not to be served, and to give his life as a ransom for many.

Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority, or even miracle, but by such lowly service. We all need to remember his example, but none stand more in need of this reminder than those whom the Lord has called to the ordained ministry.

Therefore, I invite the elected representatives of this congregation who share in the royal priesthood of Christ, to come forward, that I may recall whose servant I am by following the example of my Master. But come remembering his admonition that what will be done for you is also to be done by you to others, for “a servant is not greater than his master, nor is one who is sent greater than the one who sent him. If you know these things, blessed are you if you do them.”

PRAYERS OF THE PEOPLE — *Please kneel*

Celebrant: Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit, and with special intention that we may always prove ourselves a people mindful of your favor and glad to do your will. We pray for those who have been killed or are suffering in the Hamas-Israel conflict, that this war may come to an end. We pray for the release of Americans being held in Russia. We also pray for those struggling with addiction and for their families and friends.

Reader: Lord in thy mercy.

People: **Hear our prayer**

We pray for thy Holy Catholic Church throughout the world. We pray for the Anglican Communion and Justin, Archbishop of Canterbury; for the Episcopal Church and Michael, Presiding Bishop, Susan our Bishop; and Carlos our rector. We pray for the clergy and people of the Church of the Good Shepherd in Hemet and the church of the Province of West Africa.

Reader: Lord in thy mercy.

People: **Hear our prayer.**

Father, we pray for peace throughout the world, especially in Eastern Europe and the Middle-East. We pray for Joseph our President, Gavin our Governor, and all those in authority.

Reader: Lord in thy mercy.

People: **Hear our prayer**

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Samuel, Jonathan, Sue, Mark, Alvin, William, Patrick, Dirk, Ethan, Kyle, Caelan, Noah, Peter, Tua and Jordan. We also pray for the Officers, Crew, and families of the USS Fort Worth home ported in San Diego and we pray for the Navy Chaplain Corps.

Reader: Lord in thy mercy.

People: **Hear our prayer.**

We pray for this neighborhood of Hillcrest, and all who live and work in this community of San Diego, and for all those who are unemployed or homeless; we pray for our own families, and for our Parish family, that we may grow in faith and love. We pray for Renika and all the staff, for the children and their families of All Saints' Preschool and we pray for the members of Alcoholics Anonymous. May they be blessed with healing and sobriety.

Reader: Lord in thy mercy.

People: **Hear our prayer**

Lord, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for those suffering from addictions, for their healing and sobriety; for all prisoners and captives; and your blessing upon all those who have asked for our prayers. We especially pray today for: Hannah, Haewin, Wayne, Mia, Arora, Mike, Patricia, Lynette, Ruby, Verna, Antonio, Robert, Tina, Tanya, Monique, Rosa Maria, Vivianna, Ellen, Susan, Beverly, Tiante, Michael (Presiding Bishop), Betty, John W., John G., Pamela, Nicolas, Joe, Norma, Amadeus, Matthew, Wanda, Donna, Deborah, Rufus, Jonathan, George, Nell-Leone, Jennie, Amanda, Denise, Mrs. Tsui, Jack, Ellen, Melanie, Preston, Grace, Delaney, Michelle, Hunter. We also pray for those whose names are attached to the prayer chain on the main chancel wall.

Reader: Lord in thy mercy.

People: **Hear our prayer**

Father, we pray for the souls of the faithful departed, especially Ed Schuppert, and for those who have died recently, the people killed in wanton mass shootings in recent times, the military personnel of every nation in the war in Ukraine; and for thy ministry to those who are bereaved.

And for those whose anniversaries of death occur at this time: Robbie Robertson, Dorothy Brink, Eugene Werner, Nora Shanafelt,

Percilair Borchert, Twila Smith, Florence Ray.

Reader: Rest eternal grant to them O LORD +

People: **And let light perpetual shine upon them.**

Father we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

At this time additional petitions and thanksgivings may be said quietly or silently.

The celebrant concludes the Prayers.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever.

All: ***Amen.***

PEACE

The Peace of the Lord be always with you.

All: **And with thy Spirit.**

Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying:

"Peace be with you."

OFFERTORY SENTENCE

I beseech you, brethren, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. *Romans 12:1*

OFFERTORY ANTHEM *Please be seated*

All Saints' Choir

Surely He Hath Borne Our Grievs (Messiah) G. F. Handel

THE OFFERTORY PRAYER

Lord, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All: *Amen.*

OFFERTORY HYMN *Please stand*

Aus der Tiefe rufe ich

The musical score is written for voice and piano. It consists of two systems of music. The first system has five lines of lyrics, and the second system has five lines of lyrics. The music is in a minor key (one flat) and 4/4 time. The piano accompaniment consists of chords and single notes in the right and left hands.

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smyttan (1822-1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

LITURGY OF THE HOLY EUCHARIST — *Please stand*

Pray Brethren,
that this my sacrifice and yours may be acceptable to God,
the Almighty Father.

All: **May the Lord receive the sacrifice at thy hands,
to the praise and glory of His Name,
to our benefit and that of all His Holy Church.**

EUCHARISTIC PRAYER

The Lord be with you.

All: **And with thy spirit.**

Lift up your hearts.

All: **We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

All: **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, everlasting God.

Through Jesus Christ our Lord; who for our sins was lifted high upon the cross, that he might draw the whole world to himself; who by his suffering and death became the author of eternal salvation for all who put their trust in him.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; ever more praising thee, and saying:

SANCTUS ET BENEDICTUS (Hymnal #711)

All sing: **Holy, Holy, Holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
+ Blessed is He that cometh in the name of the Lord.
Hosanna in the highest.**

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction +; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All: Amen.

THE LORD'S PRAYER

And now, as our Savior Christ hath taught us, we are bold to say:

All sing: **Our Father, who art in heaven,**
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

THE BREAKING OF THE BREAD

Christ our Passover is Sacrificed for us;

All: Therefore let us keep the feast.

AGNUS DEI (Hymnal #712)

All sing: O Lamb of God,
 that takest away the sins of the world,
 have mercy upon us.

 O Lamb of God,
 that takest away the sins of the world,
 have mercy upon us.

 O Lamb of God,
 that takest away the sins of the world,
 grant us thy peace.

PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,
 O merciful Lord, trusting in our own righteousness,
 but in thy manifold and great mercies.
We are not worthy so much as to gather up the crumbs
 under thy Table.
But thou art the same Lord whose property
 is always to have mercy.
Grant us therefore, gracious Lord,
 so to eat the flesh of thy dear Son Jesus Christ,
And to drink his blood,
 that we may evermore dwell in him and he in us. *Amen.*

THE INVITATION

Behold the Lamb of God, +
 behold Him that taketh away the sins of the world.

All: Lord I am not worthy that thou shouldst come under my roof,
 but speak the word only, and my soul shall be healed.

All baptized Christians are invited to come forward for communion.

Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands

COMMUNION HYMN

Down Ampney

DOWN AMPNEY

R. VAUGHAN WILLIAMS, 1906

Moderately slow

1 Come down, O Love di - vine, Seek thou this soul of
2 O let it free - ly burn, Till earth - ly pas - sions
3 And so the year - ing strong, With which the soul will

mine, And vis - it it with thine own ar - dor glow - ing;
turn To dust and ash - es in its heat con - sum - ing;
long, Shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, With - in my heart ap - pear,
And let thy glo - rious light Shine ev - er on my sight,
For none can guess its grace, Till he be - come the place

And kin - dle it, thy ho - ly flame be - stow - ing.
And clothe me round, the while my path il - lum - ing.
Where - in the Ho - ly Spi - rit makes his dwell - ing. A - men.

BIANCO DA SIENA, d. 1434; Tr. R. F. LITLEDAL, 1867

PRAYER FOR SPIRITUAL COMMUNION

I believe that Thou art truly present in the Holy Sacrament,
and, since I cannot at this time receive communion,
I pray Thee to come into my heart.

I unite myself with Thee and embrace Thee with all my heart,
my soul, and my mind.

Let nothing separate me from Thee;
let me serve Thee in this life until, by Thy grace,
I come to Thy glorious kingdom and unending peace.

Amen.

The congregation sings the following hymn, kneeling, while the altar party processes with the Blessed Sacrament to the Altar of Repose in the chapel.

St. Thomas (#199)

Majestically

1 Now, my tongue, the mys - t'ry tell - ing Of the glo - rious Bo - dy sing,
 2 Giv'n for us, and con - de - scend - ing To be born for us be - low,
 3 That last night at sup - per ly - ing Mid the twelve, his cho - sen band,

And the Blood, all price ex - cell - ing, Which the Gen - tiles' Lord and King,
 He with men in con - verse blend - ing Dwelt, the seed of truth to sow,
 Je - sus, with the Law com - ply - ing, Keeps the feast its rites de - mand;

Once on earth a - mong us dwelling, Shed for this world's ran - som - ing.
 Till he closed with won - drous end - ing His most pa - tient life of woe.
 Then, more pre - cious food sup - ply - ing, Gives him - self with his own hand. A - men.

4 Word-made-flesh, true bread he maketh
 By his word his Flesh to be,
 Wine his Blood; when man partaketh,
 Though his senses fail to see,
 Faith alone, when sight forsaketh,
 Shows true hearts the mystery.

When the Procession reaches the Altar of Repose, the Priest sets the Ciborium upon the Altar. Acolyte rings bells. Then the following verses are sung.

5 Therefore we, before him bending, **6** Glory let us give and blessing
 This great Sacrament revere; To the Father and the Son,
 Types and shadows have their ending, Honor, thanks, and praise addressing,
 For the newer rite is here; While eternal ages run;
 Faith, our outward sense befriending, Ever too his love confessing
 Makes our inward vision clear. Who from both with both is One.
Amen.

The congregation walks quietly to the Parish Hall for the Agape meal. The meal is conducted in silence. During the meal an appointed person reads John 17.

After a period of silent adoration, the Priest and ministers genuflect and join the congregation in the Parish Hall.

The Congregation is strongly encouraged to return to the church after the Agape meal for the stripping of the Altar and the beginning of the Watch.

THE STRIPPING OF THE ALTAR

Lector: "They divide my garments among them;
they cast lots for my clothing."

PSALM 22 is read by the Lector while the Altar and Sanctuary are stripped. This commemorates Christ being stripped of his garments before his Crucifixion.

My God, my God, why have you forsaken me? *
and are so far from my cry
and from the words of my distress?

O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.

Yet you are the Holy One, *
enthroned upon the praises of Israel.

Our forefathers put their trust in you; *
they trusted, and you delivered them.

They cried out to you and were delivered; *
they trusted in you and were not put to shame.

But as for me, I am a worm and no man, *
scorned by all and despised by the people.

All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,

"He trusted in the LORD; let him deliver him; *
let him rescue him, if he delights in him."

Yet you are he who took me out of the womb, *
and kept me safe upon my mother's breast.

I have been entrusted to you ever since I was born; *
you were my God when I was still in my
mother's womb.

Be not far from me, for trouble is near, *
and there is none to help.

Many young bulls encircle me; *
strong bulls of Bashan surround me.

They open wide their jaws at me, *
like a ravening and a roaring lion.

I am poured out like water;
all my bones are out of joint; *
my heart within my breast is melting wax.

My mouth is dried out like a pot-herd;
my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.

Packs of dogs close me in,
and gangs of evildoers circle around me; *
they pierce my hands and my feet;
I can count all my bones.

They stare and gloat over me; *
they divide my garments among them;
they cast lots for my clothing.

Be not far away, O LORD; *
you are my strength; hasten to help me.

Save me from the sword, *
my life from the power of the dog.

Save me from the lion's mouth, *
my wretched body from the horns of wild bulls.

I will declare your Name to my brethren; *
in the midst of the congregation I will praise you.

Praise the LORD, you that fear him; *
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.

For he does not despise nor abhor the poor in their poverty;

neither does he hide his face from them; *
but when they cry to him he hears them.

My praise is of him in the great assembly; *
I will perform my vows in the presence of those who
worship him.

The poor shall eat and be satisfied,
and those who seek the LORD shall praise him: *
"May your heart live for ever!"

All the ends of the earth shall remember and turn to
the LORD, *
and all the families of the nations bow before him.

For kingship belongs to the LORD; *
he rules over the nations.

To him alone all who sleep in the earth bow down
in worship; *
all who go down to the dust fall before him.

My soul shall live for him;
my descendants shall serve him; *
they shall be known as the LORD'S for ever.

They shall come and make known to a people yet unborn *
the saving deeds that he has done.

Lector: "They divide my garments among them;
they cast lots for my clothing."

THE WATCH

The congregation is encouraged to spend some time in the Chapel, at the Altar of Repose. In this way we watch with Christ during his night of prayer in the Garden of Gethsemane – we heed his words:

"Could you not watch with me one hour?"

The Watch on Holy Thursday is from 8pm to 10pm and on Good Friday from 9am to noon. See the usher if you wish to "keep watch."

PARISH NOTICES

ALL SAINTS' MASSES & GATHERINGS

On Sundays we worship in our historic church. The Sunday service will be on Zoom. To join the Zoom Meeting click [here](#).

The following worship services will be held in All Saints' St. Mary Chapel.

- Tuesday Noon Mass
- Friday, March 29
12:00pm Stations of the Cross
- The next First Saturday Mass (was the Societies of Mary gathering) will be held next on Saturday, April 6 at 11:30am preceded by the Rosary at 11am.

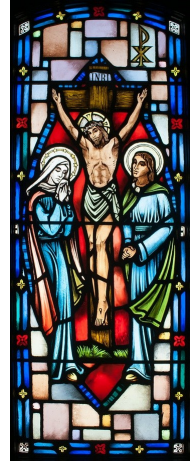
SPECIAL CLASSES AND PROGRAMS.

- Sundays from 10:00am to 10:45am – Christian Formation and First Communion Instruction for children ages 5-12 in the Parish Hall taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at info@allsaintschurch.org
- Thursdays – Spanish Class will recess until April 4

PARISH NOTICES

HOLY WEEK

- March 28th **Maundy Thursday** – 7pm Mass with solemn Agape meal
Vigil in St. Mary’s Chapel 8pm to 10pm
- March 29th **Good Friday** – Vigil in St. Mary’s Chapel
9am to noon
Stations of the Cross at noon
Way of Love Study Session at 12:40pm
Good Friday service at 7pm
- March 30th **Holy Saturday**
Holy Saturday Liturgy at 10am
Easter Vigil at 8pm - Starts in the Courtyard
- March 31st - **Easter Day** – Mass at 10am



GOOD FRIDAY OFFERING

For 102 years, donations to the Good Friday Offering have directly supported ministries of the Anglican Communion Province of Jerusalem and the Middle East. These gifts have made an astounding difference in the lives of many people in the homeland of Jesus and beyond.

At our Good Friday Mass on Friday, March 29, the offering is designated for the ministries of the three dioceses of the Province of Jerusalem and the Middle East.

Please give generously.

PARISH NOTICES

EASTER VIGIL



Remember to bring to the Easter Vigil Mass bells to ring at the Gloria when we say “The Lord is risen indeed. Alleluia.”

MESSAGE FROM BISHOP CURRY

Lent 2024

Dear Sisters, Brothers, and Siblings in the Lord,

I greet you in the name of our loving, liberating, and life-giving Savior, Jesus Christ. Last May, I had the privilege of meeting the Rev. Canon Faiz Basheer Jerjes and his colleague, Sinan Hanna, of St. George’s Anglican Episcopal Church in Baghdad—the only Anglican church in Iraq. After a moving conversation, Fr. Faiz asked one thing of our church: “Please don’t forget us.”

I assured him that we would not forget—and I need your help to honor that pledge, not only to him, but to the whole Anglican Province of Jerusalem and the Middle East, which we have supported through the Good Friday Offering for over a century, through conflict, pandemic, and humanitarian disasters. The Episcopal Church will not forget them. We will not forget our siblings in Christ who cannot worship God freely. We will not forget those caught in the crossfire between warring factions in the land where our Lord walked. We will not forget that every human child of God—Palestinian, Israeli, Iraqi, Cypriot, Lebanese, everyone—deserves safety and security. As we mark our Lord’s passion and death on Good Friday, we remember those whom he loves facing injustice and oppression today, and remember the urgency of love—true, sacrificial love.

On Good Friday, March 29, I invite you to remember the Anglican Province of Jerusalem and the Middle East through a gift to the Good Friday Offering. By supporting life-giving ministries in the province, including St. George’s, Baghdad; the eye clinic in Ras

PARISH NOTICES

Morbat, Yemen; the Al Ahli Arab Hospital in Gaza; and numerous other institutions identified by their dioceses, you are ensuring that our siblings in Christ are not forgotten.

This is my last Good Friday letter to you as your presiding bishop, and I want to both express my gratitude for your gifts in years past and encourage you to give again to support God's beloved in this area of the world. This is what love asks of us. Any questions about the offering may be directed to Archdeacon Paul Feheley, Middle East partnership officer. He can be reached at (800) 334-7626 x6222 or [via email at pfeheley@episcopalchurch.org](mailto:pfeheley@episcopalchurch.org).

Your brother in Christ,

The Most Rev. Michael B. Curry
Presiding Bishop and Primate The
Episcopal Church



We are in the midst of Holy Week and Easter. As a parish, we are practicing a year-round stewardship program. During Lent we focus on almsgiving for the benefit of those in need. Some form of fasting or abstinence is traditional during this time.

The extra money saved from this practice is set aside to be used as a special offering to assist those in need through our Social Action Committee. You can find special "Easter Offering" envelopes on the tables in the nave. If writing a check, please note "Easter Offering" on the check. Thank you for your sacrifices!

PARISH NOTICES

LAY EUCHARISTIC TRAINING



Father Carlos is happy with the revival of the ministry of Lay Eucharistic Visitors (LEVs) at All Saints' Church with the licensing of Edward Heck.

Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament "in a timely manner" to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.

For the time being our LEV ministry will be available on Tuesday afternoons following the Noon Mass in the chapel. If you would like to add a name to the list of those to be visited, please contact Father Carlos (619-298-7729 or rector@allsaintschurch.org) or Ed Heck (858-571-6832 or edheck46@gmail.com).

SOCIAL ACTION NEWS

Easter is approaching early this year! We are continuing with typical, fluctuating San Diego weather including rain, wind, and cold nights. The luxury of heating, hot meals, fresh water, clean clothes, and dry shelter are staples for most of us reading this. But all around us are folks who have none of these things readily available to them.



Let us show them our love and charity with continued support of the Scripps/Mercy ER and the local food bank – Serra-Mesa Food Bank.

Your continued generosity is greatly appreciated!! Thank you!!!
Your All Saints' Social Action Committee

PARISH NOTICES

MILITARY MINISTRY



In the parish we would like to highlight the past veterans and current members of our Armed Services:

Parishioners are encouraged to share with our community the stories of their family members in the military- past or present as noted above.

Please submit information and any photographs by email to administrator@allsaintschurch.org, in person to the church office or to the church administrator at the Sunday coffee hour.

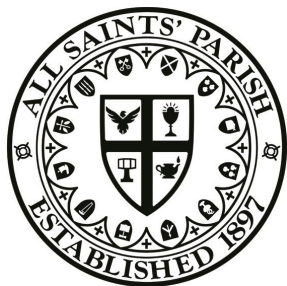
HELP UKRAINIAN REFUGEES



Specific needs will change as the crisis evolves. As of right now, there is a need for food, water, and shelter. Please consider partnering with Episcopal Relief & Development in this Response.

Give at <https://www.episcopalrelief.org/product/ukraine-crisis-response/>

For the needs of people in Israel and Gaza go to **Episcopal Relief & Development Middle East Fund** who will help address immediate and long-term needs created by the Israel-Hamas war through locally-led partnerships.



ALL SAINTS' EPISCOPAL CHURCH

625 Pennsylvania Avenue
San Diego, CA 92103-4321

Phone: (619) 298-7729 Fax: (619) 298-7801

Email: info@allsaintschurch.org

Website: www.allsaintschurch.org

Office Hours: Mon. - Fri: 9:00am - 3:00pm

Rector: Fr. Carlos E. Expósito

rector@allsaintschurch.org

PARISH STAFF

Parish Administrator:

Mrs. Louise D. Lawson
administrator@allsaintschurch.org

Business Administrator:

Mrs. Theresa Krist
finance@allsaintschurch.org

MUSIC

Organist & Choirmaster:

Robert MacLeod

Soprano: Emily Ortlieb

Alto: Martha Jane Weaver

Tenor: Dennis Williams

Baritone: John White

ALL SAINTS' PRESCHOOL

3674 Seventh Avenue
San Diego, CA 92103-4321
Director: Mrs. Renika Battles
Phone: (619) 298-1671
www.sdallsaints.com

ALL SAINTS' VESTRY

Sr. Warden

Mr. Cree Craig

Jr. Warden

Ms. Lois Myers

Mr. Gary Beyer

Mr. James Hansen

Mr. Blair Lawson

Mrs. Lucretia Locke

Mr. Michael Lockridge

Ms. Jo-Darlene Reardon

Mr. John Rogitz

Ms. Tanya Tatem

Mx. Barbara Wilder

Clerk:

Ms. Emily Ortlieb

Treasurer:

Dr. Edward Heck

Assistant Treasurer

Eva Dreyer

Facilities:

Mr. Cree Craig



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